

Fundamentals Workshops

Facilitated By:

***Patti Langlais, Marriage and
Family Therapist***

&

***Alain Langlais, Clinical
Hypnotherapist***



Fundamentals of Relationships Workshop (Saturday)

This workshop is designed for individuals and couples interested in strengthening and maintaining their relationship. This class is designed to discover insights and tools to enhance communication, emotional and sexual intimacy, and foster respect and understanding. Learn how to practice effective and calm conflict resolution, and learn how to heal conflicts of the past. Additionally, individuals and couples will learn how to identify their own and their partner's expression and needs of love.

Relationship Workshop cost: \$180.00/person

When: June 13th, 2015

Where: Poco Inn & Suites

***1545 Lougheed Hwy, Port Coquitlam,
BC***

***Time: Registration at 9:00 am, class
9:30 am –4:30 pm***

Cost: \$180.00/person